

NEURODIVERSITY-
AFFIRMING EMOTION-
FOCUSED THERAPY

DATES FOR YOUR DIARY!

This is an ethically approved research project
Exploring what neurodiversity-affirming Emotion-
Focused Therapy looks like

For more information

Contact anna.robinson@strath.ac.uk

Co-creation Workshops

Are you an autistic/neurodivergent adult who has experience of EFT?

Please join us for a Creative Workshop at the University of Strathclyde or on Zoom on:

- o 30th April 2025 from 10am until 1pm
- o 1st May 2025 from 10am until 1pm

You can complete our Qualtrics questionnaire about your experiences of EFT by

scanning the QR code for the Qualtrics link

OR copy and paste the link into your browser

https://hass.eu.qualtrics.com/jfe/form/SV_61rsfJbYbQYEKK



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Co-creation Workshops

Are you an Emotion-Focused Therapist who has experience of offering EFT to
autistic/neurodivergent adults?

Please join us for a Creative Workshop at the University of Strathclyde or on Zoom on:

- o 7th May 2025 from 10am until 1pm
- o 8th May 2025 from 10am until 1pm



NEURODIVERSITY-
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DATES FOR YOUR DIARY!

This is a new knowledge-exchange Neuro-EFT Network
Exploring what neurodiversity-affirming Emotion-Focused
Therapy looks like

For more information

Contact anna.robinson@strath.ac.uk

Neuro-EFT Network has arrived!

This new network offers an exciting place for EFT therapists (qualified or in training) working with autistic/neurodivergent people to share knowledge and practice

Meeting Dates

Please join us at the University of Strathclyde or on Zoom on:

- o 12th February 2025 from 3pm - 5pm
- o 23rd April 2025 from 3pm - 5pm
- o 24th September 2025 from 3pm - 5pm
- o 3rd December 2025 from 3pm - 5pm

